

# **Pursuing Humility**

Memory Verse for July: "Do nothing from rivalry or conceit, but in humility count others more significant than yourselves." Phil. 2:3 ESV



## WHAT IS HUMILITY?

Humility, according to Strong's concordance in Philippians 2:3, means to have a modest or humble opinion of ourselves. It is the same word used for when Jesus humbled Himself as a man. It didn't mean that Jesus wasn't still God but that His earthly position was like any other man.

Being humble doesn't mean we are worthless. It means we have a correct understanding of who we are in the eyes of God. It also means we have a right view of ourselves as we live among other people who are equally valued and loved by God. God shows no partiality (Romans 2:11).

#### WHAT ARE TRAITS OF HUMBLE PEOPLE?

According to our memory verse, humble people do things without rivalry or conceit.

## Humble people:

- think of themselves less than they think about others
- don't compare themselves to others.
- serve others out of love.
- don't grow envious of what God has blessed others with or look down on those who have less than them.

- know the mercy shown to them and extend it to others
- are quick to forgive and show grace.

### **WAYS TO PRACTICE HUMILITY?**

- Listen to God and others more than you talk
- Bless your enemies
- Give sacrificially
- Do less desirable jobs when needed
- Admit when you are wrong
- Give honor/credit where it is due
- Respect authority
- Seek peace in your relationships
- Ask for advice and wisdom
- Practice patience by letting others go first
- Serve the disadvantaged in all sincerity
- Bow your head or kneel in prayer

What are some ways you can think of to practice living humbly before God and others?



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